Serving the communities of Albany, El Cerrito and Kensington

# urna

Thursday, August 17, 1989

# ncumbent won't run; three seats open on E.C. council

papers for re-election.

Mank was elected to the council in 1985 after serving nine years on the Planning Commission and four years on the Design Review Board. He has generated little controversy during his tenure on the City Council including one year as mayor. He said he is running again to "finish the programs that have been started."

Ritz was appointed in October 1988 to fill Anna Howe's seat after Howe was stricken with cancer. Ritz, 51, served on the city's Park and Recreation Commission for eight years. She was also a member of the Public Safety Commission.

She was appointed on the heels of a bitter recall election. Critics had accused the council of being arrogant and "out of touch" with the community when it approved

Councilman Stephen Porter didn't file papers for reelection



a special assessment district. Ritz said she helped open communication between residents and council members by "encouraging citizens to be heard."

Bob Winslow, who helped head the recall drive and who ran unsuccessfully against Mayor Jean Siri and Bob Bacon in 1987, has also filed papers. The 67-year-old retired port engineer has been an outspoken critic of the City Safety Commission for four years



curb its spending

Watchdog Bob Winslow

said he wants

Planning Commissioner and high school teacher Cathie Kosel, 43, filed papers Friday. She has served on the commission for 18 months and is chairman of the city's Child Care Committee.

She said she is running to fill a void on the council. "I don't like to see a lot of the discord and inside hassling that goes on in the community."

Kosel is an ardent supporter of redevelopment, but "we've got to be sensitive to existing small busi-nesses and homeowners who are affected by it."

Kosel said she played a role in keeping Windrush Elementary School from being incorporated into the city's redevelopment

Another Planning Commis-sioner, Norma Jellison, also is expected to run for council but had not filed papers at press time.

O.D. Burr also took out papers, but had not filed them at press time. Burr is relatively unknown in political circles; he applied for council appointment once before but withdrew before the interview.



# national response Steve Sikora's unique exchange

Man of letters gets

**By Dawn Frasieur** 

By Dawn Frasieur

Special to The Journal

ALBANY — "For many people," Steve Sikora said, "sa letter is what you are obligated to write at birthdays and at Christmas. 'Dear Aunt Agnes, Thank you for the stationery set.'

"No one likes to write those kinds of letters. When duty, obligation and guilt get too strong, it's not fun, not worth doing at all."

For Sikora, however, writing letters is fun. For the last seven years he has worked at making it into a profitable business as well. Sikora publishes The Letter Exchange (known to its subscribers as LEX) out of his Albany home. Since 1982 the magazine has grown from nine subscribers to about 2,500.

"Most LEX correspondents are people like me who've discovered somewhere along the line that they enjoy writing letters," he said. They subscribe because they want someone to write back.

No. 4652 writes, "Let's talk about the Roaring Twenties, jazz, art, literature, etc."

No. 5605 has quiet interests, "British-style mystery bugg. Favorite authors? Recipe collector. Exchange?"
For No. 4861 it's adventure. "Am considering doing some world freighter travel. Any advice, suggestions, tips, comments?"
Similar listings form the bulk of the magazine's content. The premiere issue contained 21 such listings, the current issue more than 300. Listings are grouped by categories and several pages are devoted to "Letter to LEX," letters to the editor with a letterwiting theme.

One page carries paid commercial listings advertising such items as rubber stamps, notecards and newsletters. The letter-writing theme is also carried out in the cartoon illustrations and quotations from literature which appear throughout the 35 to 40 pages of the magazine.

Steve Sikora, 45, is a soft-spoken individual. His enthusiasm for letter-writing and for his new career come through

See EXCHANGE on page 5

# laza access angers ctivists for disabled

ey claim path travel is unsafe

path of travel for disabled persons coming from the neighboring BART station or from the bordering San Pablo and Fairmount avenues. They must a 400-foot span of parked cars to get to the storefronts.

Conditions at the plaza have the disabled community angry. They say many of its businesses have violated state law by failing to provide a safe path of travel even after undergoing extensive renovations.

According to disabled activists Jerry Wolf and Robert Coleman, businesses such as Lucky supermarket and Chevy's Mexican Restaurant have undergone entrance restructuring without providing safe handicapped access through their parking lots.

California law requires privately funded structures built before November 1968 to meet state handicapped accessibility standards should they undergo any type of renovation in excess of \$50,000.

The law dictates that a safe path from a site's boundary to its entrance must be made available to disabled persons if it is already



Jerry Wolf said Chevy's restaurant underwe

Albany community center

# City studies design

By Teri DeLoache

ALBANY — Demolishing the old Albany Hospital piece by piece and building a new library and community center received strong support from City Council members Monday.

Though it endorsed the study recommending the city build an entirely new structure, the council said it is not yet ready to discard the option of using parts of the existing building in the new project.

He option of using parts of the existing building in the new project.

Hal Brandes, an architect with Marquis Associates, presented the city with three possible alternatives for the site. The city could remodel the hospital and bring it up to code; it could retain part of the structure for use as a lobby and entry hall while rebuilding the rest; or it could tear down the building and start from scratch.

All three options would cost about the same, Brandes said, so the council should choose the alternative that could best meet its objectives for the site. He recommended the third alternative.

"This scheme is the best opportunity to research to the present."

"This scheme is the best oppor-tunity to respond to the program

'There's not a lot of opposition to total demolition. It's been butchered so badly ... it's nothing anybody wants to

save' —Ed McManus

and functional requirements of the library and community center," he said.

Council members agreed that getting the maximum use from the site is the primary objective and preserving the existing building is not the main consideration.

"It may be cheaper to take it down and start new," Councilmember Ed McManus said.

"There's not a lot of opposition to total demolition. It's (the hospital) been added onto and butchered so badly over the years that the general thought is that it's nothing anyone wants to

#### They the people

HEAR YE, HEAR YE, Albany citizens and voters (not much overlap there). Free speech has run amok, if that's possible. There are a few people, saying they speak for you, who appear at the Albany City Council meeting every Monday night proposing to run the city behind your backs.

Calling themselves The People, they say Albany is a democracy. They say they have the right to tell the story of their lives at any time during the meeting, the right to add and subtract from the official agenda at will, the right to hold items over because they haven't had time to read them. They instruct and excoriate your elected representatives. They spray Flit on most of the embryonic plans the council puts forward. They threaten to hold their breath and turn blue if they don't get their way. They say they know what you want.

nt.
"I represent the people," they say.
Say it isn't so, Joe — and Josephine

Say it isn't so, Joe — and Josephine.

AFTER AN INAUSPICIOUS start, Solano
Stroll organizers will kick off the annual walk
down the avenue with a reprise of last year's
party and poster unveiling at the American
Savings Bank on Aug. 24.
Kathy Lee, vice president of the Solano Avenue
Association and owner of Lee Graphics, hints
that the now-famous SS poster, created again this
year by artist Ernie Young, will have a whole new
look.
So locals who missed the fun last year have

look.

So locals who missed the fun last year have another chance to see the bespangled, befeathered Mexe Mexe dancers dance themselves into a frenzy to native jungle drums, drink Solano Slings and, possibly, watch Berkeley Mayor Loni Hancock reveal the 1989 poster.

This year's stroll was nearly canceled because of lack of merchant interest. But the west end of the avenue, which hasn't always cared a lot for the stroll, seems to have booped up participation and all systems are go. Twenty thousand strollers can't be wrong.

The kick-off party is from 6 to 10 p.m. Aug.

24. The stroll is Sept. 10.

ALBANY MAYOR KRUSE SPRUNG a put-

ALBANY MAYOR KRUSE SPRUNG a put-up-or-shut-up surprise on the council and audience at the July 17 City Council meeting when he announced that he would match any



By Phyllis Lyon

contributions made that evening to the new library. Pocketbooks snapped open to unleash \$356.

Saying, in the style of one of his idols, that late, great Texan, "Let us plan together...," he formed the Mayor's Library Committee to raise money from private sources to help build the new library and community center on Marin Avenue. Personal bricks and plaques, for instance, will give people a chance to become part of history The mayor continues his pledge by equaling the contribution of a "Matcher of the Week," so we can all go down Monday nights and make him put up or shut up.

SPEAKING OF THE NEW LIBRARY, so jaws dropped and some spleens were activated by the architect's recommendation that the old building be razed and the city start over from scratch. They say it would be more practical and cheaper in the long run.

HOW ABOUT THAT JOLT? After you were thrown out of bed by the Richter 5.2 earthquake last week, you probably heard all about it from U.C. seismologist and Albany resident Bob "Earthquake." Uhrhammer. He seems to be the unshakable favorite expert of radio and TV stations all over the place when it comes to explaining what happened.

Uhrhammer, I'm told, is available to local groups interested in hearing some of the myths and legends surrounding earthquakes debunked. While there's no such thing as "earthquake weather," your cat does know it's coming a few seconds before you do. No help whatsoever, is it?

WOLFGANG AMADEUS MOZART (the late, great) had a dog named Miss Bimperl and hung out at a bar called The Silver Snake.

#### Letters \_\_\_\_

#### E.C.: stop trying to catch up to the '60s

Corrito should stop wasting its time trying to catch up to the '60s and just wait for the '50s to come around again.

Howard Fischer
El Cerrito

We live in park

Editor:

In regard to the El Cerrito
Elms Trailer Park:

My husband and I before
coming to the park lived in a
most beautiful apartment in
Pinole, garbage disposal,
dishwasher on site, park for the
kids and a pool. Nice, huh?

The point to the above is
when we decided to move into a
large 32 ft. fifth wheel with a
nice bedroom for our two
children, ages 4 and 10 months,
it was our choice. The trailer hae
everything we want. The kids
have their own yard, My
husband has a short ride to
work. His mother and father
also live here in the park along
with my parents, my sister, her
husband and son. Good friends,
too.

Don't you see what a family

too.

Don't you see what a family park this is and what they're doing to the lives that live here? Why don't they put money into the park instead of spending so

#### Not Ku Klux Klan; just ignorance, fear because we want to

much more of the taxpayers' money to relocate?
We like this kind of living. We all like our trailers or mothomes we live in. It was our choice to live this way because we wanted to, not because we had no choice.
This park is clean and well taken care of. We are only lacking a washer and dryer. Otherwise it's good times and good friends.

Editor:

Concerning an Aug. 3 letter,
"Ku Klux Klan mindset," I'm
Albany's first and only black
firefighter. Since '83 I have been
on hundreds of ambulance and
other responses in the city. I
think the "KKK" writer is
unfair to the people of Albany
and Curtis Street and naive
about the KKK.
I'm not saying that Albany
doesn't have racially prejudiced
people. I've listened to radio
transmissions by the APD for
over six years and talked to the
only black APD officer. I know
that any black walking on any
Albany street is likely to be
reported by a citizen and
scrutinized by the police, day or
night.

A neighbor might be accused
of a mulicious or accimingle act.

night.

A neighbor might be accused of a malicious or criminal act simply for being black or Hispanic. I have been disgusted or angered by things I have heard. Indeed, Albany does have

many bigoted people.

However, the "KKK is built on hate, fear, st and violence. I think AI "mindset" is due to fea ignorance (fear of the unknown?). I wouldn't Albany's citizeny citizeny. unknown?). I wouldn Albany's citizenry as KKK — that's an inau would deserve. I migh some of them, but saw would hope they learn are truly threatened or paranoid.

#### Substance-free qu night a success

volunteered thousand designing decorations stage sets, planning m gathering door prizes developing the entertat that resulted in this m

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#### Richmond school official talks to El Cerrito Democratic Club

The Journal

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EL CERRITO — Richmond Unified School District Trustee Eddis Harrison will address the El Cerrito Democratic Club on Aug. 22 on "What You Always Wanted to Know About the RUSD and Were Afraid to Ask." Harrison's third term on the

Hurrison's third term on the RUSD board ends this year. She will not run for re-election.

The public is invited to the meeting at the Castro Clubbouse, 1420 Norvell St., El Cerrito at 7.30 p.m. Regularly scheduled club membership programs are

Editor Shirleen Holt Sports Editor Don August Writers Brenda Dawson, Teri DeLoache, Reed Malcolm, Chris Treadway Copy Editor Laura Ingram

Operations Manager Carroll L. Pasis

Camera Joe Robertson Published every Thursday, Subscription by carrier: \$15 per

held the fourth Tuesday of each month.

According to club secretary Betty Segal, Harrison's election in 1979 provided a transition bet-ween the group which took con-trol of the board 10 years earlier.

For more information about the El Cerrito Democratic Club call president John C. Dunn at 527-8518 or secretary Segal at 524-5619. Membership is open to all Democrats in El Cerrito, Kensington and Richmond.

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# Operators strike sparks local phone threats

ALBANY — The following is a strial account of recent crimes arial incidents according to police

Police responded to a report a woman screaming near 555 serc St. Aug. 11. Officers scovered a man and a woman ad gotten into an argument hile driving on 1-80. The man djumped out of the van and spot the fence onto Pierce need. He was located on San who Avenue. Police arrested the onan after they found she had outstanding warrant.

outstanding warrant.

A union shop steward for active Bell reported receiving reatening phone calls from two as, one of whom threatened to weak his face? Aug. 11.

An employee at a Volkswagen alership reported an exteman threatened to kill him if didn't get his \$37 bonus. The lier wanted in case anything ious happened.

A customer at AM-PM Mini

nly possible through the s and generosity of our community. Inspired by oncern and love of the

parents and co-sponsored PTSA, the support for ite and sober celebration d to include all segments

yer 200 local businesses, orrations, community mizations, public officials ECHS parents and friends yously donated the materials funds necessary to turn this minto a reality. eighbors graciously when the community of the commun

Letters

claimed he was shortchanged one cent and challenged the store clerk to a fight. He was also seen yelling at his 3-year-old companion and dragging her out of the store by her clothes. He left when the clerk called police.

● A Cornell Avenue woman called police to remove her daughter and two grandchildren from her house. She told officers that she offered to let them stay temporarily but that her daughter had made no attempt to find a job.

● A car buyer who gave false information on a credit application and who drove off with an \$11,000 Ford Escort March 26 still has not returned the car.

still has not returned the car.

• An anonymous caller reported at 11 p.m. Aug. 7 that dogs at 715 Buchanan St. were barking continuously. Apparently, the dogs have a history of barking the entire time their owner is away.

• Police who observed a 15-year-old intentionally littering stopped the youth and found marijuana on him Aug. 7. He was taken into custody.

serving students from throughout the Richmond Unified District, El Cerrito High School is a very special place. And no wonder. It is a reflection of the diversity, talent and commitment of this community. It is the only urban school we know of to undertake such an elaborate all night graduation celebration.

The Grad Night Committee is deeply grateful for the consideration and support given.

● A 30-year-old Berkeley man was arrested for drunk driving Aug. 7 after a patrol car chased him going 60 mph down San Pablo Avenue. He was weaving from lane to lane, barely missing parked cars, according to police.

• A Marin Avenue woman reported a prowler at her back door Aug. 7. Police discovered the "prowler" was the caller's husband who had gone out to capture one of their cats.

● A man waved down a patrol car Aug. 6 to complain that the clerk at Friendly Market just started yelling at him in Chinese. The clerk told police that the customer causes problems every time he comes in the store, and that he opens and eats food without paying for it. The clerk wanted the customer, who microwaved a burrito, to pay before he ate it.

■ Round Table Pizza reported a

Round Table Pizza reported a man was creating a disturbance Aug. 3. The man told police he was a bounty hunter looking for murderers. He was asked to leave.

With the community's help and dedication, the graduates were given the opportunity to be with each other one last time, safely celebrating their accomplishments. It took the entire community working together as a team to make this wonderful event happen, gifting these students with a night they will never forget.

Dale Haratani General Chairman 1989 Grad Night Committee El Cerrito

## Plaza -

Continued from front page open to the general public.
Chevy's has spent close to \$120,000 on remodeling over the last few years. And, Coleman claims Lucky has spent as much as \$270,000. Neither has provided a safe path of travel through their busy parking lots, he said.

Wolf and Coleman, both of whom are physically disabled, have sent a letter to the El Cerrito Plaza management informing them that they are violating the law and asking them to comply immediately.

Chevy's spokesperson Larry Nally said he is unaware of any handicapped access violations. Judith Decker from Lucky Stores said she is not sure of the total construction cost. But, she added, the supermarket has undergone renovations which were in "full compliance" with California law.

Evelyn Olson, who manages the plaza, was on vacation and could not be reached for

Coleman pointed out that El Cerrito Plaza is not totally at fault. The city also made a mistake by approving the stores' remodeling plans without taking into account that their parking lots were hazardous to the handicapped.

The El Cerrito Planning Department is making sure the Plaza's Longs Drug Store, which plans to undergo over \$1 million in renovations next year, complies fully with the law.

Barry Atwood, who works as chief architect for Access California, a state organization that enforces handicapped accessibility requirements, says that while buildings built before 1968 are exempt from the current law, any remodeling will trigger the laws regardless of the additional cost.

If a job is estimated to be less man \$50,000, businesses may

Atwood also said the law requires a path of travel to be a normal one which does not demand that the disabled travel out of their way to gain entrance into a building. An individual should not have to travel farther than anyone else because he or she is handicapped, he said.

Wolf and Coleman formed a committee last year in response to the lack of public accessibility for the disabled. It is their hope that matters such as curb cuts and paratransit services in El Cerrito will improve for those who have a hard enough time getting around as it is.

Journal Profile

Ed McManus, Albany City Council member

Occupation: Carpenter Community Roles: Chairman, San Pablo Avenue Advisory Committee; vice chair, I-80 Reconstruction Advisory Committee; member, Alameda County Housing Authority; Friends of Albany Library; Fifth District Advisory Board

Family: Wife, Shannon McManus; daughter Katie; dog, Jenny; cat, Kitz

Hobbles: Bicycling, reading, gardening, skiing and sailing.

Books Last Read: "A Bright and Shining Life," "Man of the House," "In Suspect Terrain," "We Should Have Seen It," "Coming When the Rabbit

Died."
Favorite Films: "Without a Clue," "Back to the Future," "Dr. Zhivago,"
"The Milagro Beanfield War."
Favorite Local Restaurants: "Cafe Le Monde. Farah the owner and Fred the chef make us feel so much at home, and Fred is an excellent cheft Burger Depot. Dave is an artist in hamburger and milkshake, and a good friend."

friend."

Most Admired Public Figures: "A rather eclectic group: Everett Dirksen, LBJ, Barry Goldwater, Phil Burton, Lowell Wicker, Jesse Unruh, Tom Bates."
Favorite Music: "American Pie," anything by Rieley and Maloney, old Beach Boys.

Best Way to Spend a Sunday Afternoon: "Sailing with Murray Hood, or going for a stroll with Shannon and Katie and getting a cafe latte, or bicycling and stopping for an ice cream, or ..."

Annoyances: "People who know the answer and would rather not be confused by the facts, become aware of the realities or accept responsibilities."

Greatest Accomplishment: "The shared accomplishment, with Shannon, of our daughter Katie. As she is only 14 months old, the accomplishment has only just begun."

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# Letters Policy

The Journal welcomes letters. They must be typed or legibly printed accompanied by a name and phone number for verification. They may be edited for length or clarity. Anonymous letters will not be published.

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# 

# NEW PIECES Fabric & Chamber Music



#### Beautiful Fabric Note Cards!

After sewing as a child and studying graphics as an adult. Marilyn Felber took several quilting classes at New Picces a few years ago. Most likely to support her fabric habit, Marilyn began making blank note cards. Now they're featured in many art museum shops, particularly in New York City. Each card is a small quilt block - Lone Star, Amish Diamond, etc. New Picces is proud to feature Marilyn Felber's unique cards at only \$9.95.

Carlberg Jones

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## Hospital

inued from front page

Continued from front page save."
Planning Director Claudia Cappio told the council widespread opposition to tearing the hospital down hasn't surfaced. "Maximizing open space and parking is more of a concern."
The first phase of the project, which could begin as early as next spring, includes tearing down part of the hospital and building a multi-purpose room. The room will seat 250 people and will have an attached kitchen.

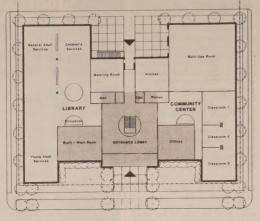
Recreation and Community Services Director John Williams said the city needs a multipurpose room for potlucks, social mixers and arts classes. "This would be a really important first step," he said. The multipurpose room will generate revenues for the city and will be used for free community activities as well.

"We could turn it into a rental

generate revenues for the city and will be used for free community activities as well.

"We could turn it into a rental facility and make lots of money," Williams said. "But I don't think that's how the council, or myself, wants to see it run. It needs to have a mix of uses."

Partial funding for Phase I comes from Albany's portion of the East Bay Regional Park District bond measure that passed last year. Williams said the city will receive \$341,000 this year and an additional \$113,000 will be available in three years. Total cost for the first phase is expected to be \$514,000. The entire project is expected to cost almost \$4 million. In addition, the city paid \$1.1 million for the hospital and land.



City officials can't decide whether to keep parts of the original building, shown above in gray ...

Since funding for the project is expected in stages, the city is planning the project in stages as well. Parts of the old building will remain in use while work is being done on the new building.

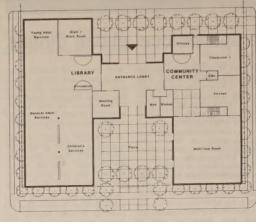
Construction of a new 10,000 square foot library could begin late next year if the city is successful in its bid for state library bond funds. "I hope that by 1991 we're dedicating the new (library) building," County Librarian Ginny Cooper said.

Albany will apply in January for a grant that will pay for 65 percent of the new building. "It's

a hope, not a sure thing," Cooper said. "My expectation is that the state will give money to projects that show need and show that the project will be completed."

The farther along in the planning process a city is, the more likely it will be given a grant, Cooper said. "We think we're on the right track." Albany must contribute the remaining 35 percent of the library project's costs.

In addition to the library and multipurpose room, the new building will house a child care facility for 30 children, a televi-



...or tear it down completely and rebuild. A design consultant remends starting from scratch

sion studio, classrooms, offices and open meeting space.

The feasibility study lists requirements for the building. It Now that architects and the standard open meeting space.

\*\*Provide: A control of the standard open meeting space.\*\*

\*\*Provide: A control open meeting space.\*\*

\*\*Pr

be flexible to accommodate a variety of uses;
 create an important civic

image;

• be designed to allow a minimum number of staff members to easily observe the entrance, lobby and courtyard areas there asy maintenance;

and for easy maintenance;be fully accessible to the handicapped;
• conform with current codes

Now that architects and the planning department have been given the green light to design the best building possible to achieve these objectives, Cappio said she expects to present the council with preliminary designs in six to eight weeks.

"The next step is to gain agreement on what design plan we're going to follow," she said. Then, architectural drawings for the multipurpose room can begin.

## Comedy open on stage in Walnut Creek

Civic Arts Repertory of begins its 23rd season comedy Mass Appeal by Davis. This recent Broad opens Sept. 1 and opens Sept. 1 and other opens are through Oct. 7 at the Theater in Walnut Creek.

Theater in Walnut Cree
priced preview is schet
Aug. 31.

Mass Appeal deals
conflict of a comforta
priest and the idealist
seminarian he reluctan
under his wing.

According to director McIlhany, "Mass Appe humor and drama as it the complex of right an It also reminds us of tion of youth in trying to idealism to everyday pr

Tickets for Mass App subscriptions for the Gw Repertory season are now. The season of seven play dition to the opener, a Road to Mecca (Oct. 13 18); A Christmas Carol (D 23); The Musical C Murders (Jan. 19 to Fe Ballerina (March 9 to Ap Strange Snow (April 27)

21).
For information call the office at 943-5862. The open Monday through so noon to 6 p.m. and is Locust St., Walnut Creek

#### Church Notes

El Cerrito Methodist Church, 6330 Stockton Ave., El Cerrito. Gary E. Pope-Sears, pastor. 523-5300. Sunday worship service on Aug. 20 is at 10 a.m. with Pastor Pope-Sears presiding. A brief coffee hour follows the service. The adult bible and special discussion classes are at 11:15

a.m.
The chancel choir, under the direction of Connie Frueh, will present special music. Pastor Gary will have a moment with the children before Sunday school. Child care for all ages is

First Unitarian Church, 1 Lawson d., Kensington. Rev. Richard F.

Morning meditation service is at 8:30 a.m. The personal theology group and the 20s/40s group meet at 9:30.
Child care is available beginning at 9:30 a.m.

9:30 a.m.

Grace Lutheran Church, 15 Santa
Fe Ave., El Cerrito. Joan Ross, Lay
Minister; Ortwin R. Janke, Pastor
Emeritus, 525-9004.

Bible classes begin at 9 a.m. The
worship service at 10:30 a.m. and coffee hour, held in the refurbished
Parish Hall, is at 11:30 a.m.

Christ Lutheran Church, 780

Christ Lutheran Church, 780
Ashbury Ave., El Cerrito. The Rev.
Martin J. Schaefer, pastor. 524-1050.
The church's summer schedule
through Sept. 3 is as follows: Sunday
service, 10 a.m. and coffee hour, 11
a.m. There is no Sunday school.
On Aug. 20 Rev. Schaefer's sermon
is titled The New Covenant.

Mira Vista United Church of Christ, 7075 Cutting Blvd., El Cerrito. Rev. Nancy M. McKay. 234-0110.

Were Jeremiah and Jesus Just Having A Bad Day? is the title of Rev. McKay's sermon at the 10 a.m. service on Aug. 20. A sermon feedback session follows at 11:15.

Nursery care is provided for children under 5.

Sycamore Congregational Church, 1111 Navellier St., El Cerrito. Rev. Dr. Paul Nagano; Rev. Sadao Masuki, Nichigo minister. 525-0727.

Meetings are at the following times: handbell choir practice, 8:45 a.m.; Nichigobu worship service and coffee and question time, 9:45; Nichigo bi-ble study and English worship service, 11 a.m.; and fellowship hour in Adamson Hall at noon.

#### Workshops offered to train abuse prevention volunteers

Six workshops to train volunteers for the Child Abuse Prevention Council of Contra Costa County, Inc., Speakers' Bureau will begin Sept. 5 and continue every Tuesday and Thursday through Sept. 21. The session are from 9 a.m. to noon at the YMCA, 4197 Lakeside Dr., No. 150, Richmond.

Volunteers with the speakers' bureau make presentations to community groups, parents' groups and schools about all aspects of child abuse, how to

recognize it, what to do when it is recognized and how to prevent it. No previous experience is necessary, only an interest in children and their safety.

Volunteers are needed in West County for the coming school year. The bureau has been asked to do many presentations at local high schools.

Call Nancy Ingamells, program coordinator, at the council at 946-9961 for information or to register for training.

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#### **Business Scene**

By Michael S. Holmes

Last fall the most extensive advancement in digitally-programmable hearing aids was unveiled at the annual conference of the National Hearing Aid Society held at the San Francisco Hilton. The programmable hearing operating system, called PHOX, marks the dawning of the computer era in hearing aid design. With the PHOX system, which offers 1.7 million programming options, a hearing aid can now be programmed to precisely match a patient's unique hearing loss.

Richard Stone, owner of the CONTINENTAL HEARING AID CENTER on Piedmont Avenue in Oakland, commented that "Until now, conventional, mechanically adjusted hearing aids could only influence a few of the factors affecting hearing quality. This renders them unable to achieve optimum results in many of the more complex cases of hearing loss."

By incorporating digitalization, the PHOX system achieves substantial improvements in the sound quality possible with hearing aids. The PHOX system is a unique approach to digitally-programmable hearing aids. By giving the hearing aid specialist control of ten individual hearing parameters instead of the usual three or four, your hearing instrument will match your residual hearing ability more closely than has ever before been possible.

The PHOX hearing aid also has a small switch that is used to filter out background noise and improve speech comprehension. Annoying feedback problems that once plagued hearing aid users are eliminated through the incorporation of several filters. Tonal ranges have been increased and acoustic perception is more acute and richer.

and richer.

The fitting session takes the form of a dialogue. You sit in comfortable surroundings facing your hearing specialist. The programming unit stores a number of different programming settings, which the specialist can easily transfer to your hearing aid for comparison in much the same way an optician shows you different lenses to select the correct strength. For the first time in the history of hearing aids, you have the ability to make immediate sound comparisons between various settings, and select the one that suits you best.

This uncomplicated programming procedure makes it a simple matter for the hearing aid specialist to readjust the PHOX hearing aid at any time in the future, which is especially important since individual hearing characteristics change over time.

Development of the PHOX system has set new standards for the quality of life possible for people with hearing loss. This new technology's potential is just

beginning to be tapped. Keep your ears open for new de-velopments from the PHOX en-

regineers. The PHOX engineers.

The PHOX system is available exclusively through the Continental Hearing Aid Center located at 4321 Piedmont Avenue in Oakland. The phone number is 652-0405.

The best and the brightest of the MASON-McDUFFIE REAL ESTATE sales force received their mid-year awards at a luncheon held at Hs. Lordships in Berkeley on July 28. Covering the period January through June 1989, awards were given for the following categories: Earnings (Top 30 in the Company), Top Sales and Top Lister (by Branch) and Closed Transactions (Top 30 in the Company).

El Cerrito office manager Don

in the Company).

El Cerrito office manager Don Dunning honored the following sales associates from his office: Mary Gray (Second Place Earnings, Top Sales); Don Peters (Second Place Earnings, Top Lister); Darrell Hoh (Top Thirty in Closed Transactions); Bonnie Scott (Top Thirty in Closed Transactions); and Marion Henon (Top Thirty in Closed Transactions).

Mason-McDuffie Real Estate had over \$1 billion in property transactions in 1988. The company has 26 offices and more than 600 sales associates throughout Alameda, Contra Costa, San Francisco and Solano counties.





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## Exchange

front page friendly man who our interview for a onversation with an who dropped by to of their plans to do

bor's home.

did not grow up writing

le learned the value of

page in Vietnam when

letters to stay in touch

ie become a passive in many ways, relying and TV stars to enterned on famous writers to what life's all about. Iting provides a much slast.

doesn't get any exer-atching a Jane Fonda ive got to stretch your s. The same goes for Writing your own life more than idly scann-

year of a little over \$20,000.

He has turned his home into the magazine's heaquarters and slowly the LEX office has expanded into what was once the carpentry workshop. Tools and work benches mix with address and clippings files, reference books and boxes of letters to be forwarded.

LEX comes out three times a year. It is available only by subscription at \$14 a year, though readers often send for a \$5 sample or peruse a library copy. Only subscribers may run listings though anyone may respond to one. As a precaution, letters are first sent to Sikora. He addresses and forwards them. His mother, Florence, tallies responses. For subsequent letters, writers often exchange addresses.

Meanwhile, mother and son are kept busy processing 100 to 200 letters a day. On June 17, they passed a major milestone: letter number 50,000.

Florence Sikora said her son provides a unique outlet for people who need it and don't know where to turn.

She moved to Albany in 1984 to help Sikora with the business after her husband died. At 87, she takes her office responsibilities seriously. "It's opened such a field for me," she said, "since I came here a stranger."

She corresponds herself with a half-dozen LEX subscribers. Two are close to her own age but she said she also enjoys those who are very much younger. Many subscribers include notes to her when they send other letters for forwarding. "It's like a big family and it's meant a great deal to

The Letter Exchange

The Letter Exchange is not a dating service. "We seek in these pages no other social contact or personal encounter," Sikora writes in the magazine's forward

me."

LEX subscribers cover the spectrum in age and interests.

No. 5646. "Two charming and energetic 74-years-young sisters looking for pen pals. Interested in old music and movies, TV and good conversation."

No. 5317. "Male, 26, interested in colonial history, sports, astronomy and hearing from you."

you."
The common thread Sikora finds connecting his subscribers is their love for writing and receiving letters.
Categories for the listings range from Music to Daily Life, from Work and Careers to Literature. Sikora's own correspondence

reflects this variety. With some pen pals he discusses his current studies in Homeric Greek; with others, he shares his experiences as a parent.

as a parent.

One special LEX category is entitled "Ghost Letters." Listings appear to be from voices of the past or characters from fiction.

No. 49. "Remember love, Vincent Catherine"

No. 49. "Remember love, Vincent. Catherine."
No. 1938. "Lady of English court wishes to correspond with same of any court; fashions, gossip, hopes, fear, romances? Elizabeth."
Writers have enjoyed stretching their imaginations to become Anna Karenina, Jane Eyre or Ben Franklin ("seeking sensible, vir-

'A body doesn't get any exercise just watching a Jane Fonda video. You've got to stretch your own muscles. The same goes for the mind'

-Steve Sikora

tuous, elegant minds for correspondence").
"It's fun to play with all the possibilities of letter writing," Sikora said. "It doesn't have to be 'me, then you, then me' all the time."

time."

Sikora, himself divorced, discourages personal meetings. Each issue of the magazine contains this statement inside the cover: "We seek in these pages no other social contact or personal encounter. We meet each other only in the mail."

only in the mail."

Still, letter writers do meet from time to time. One LEX subscriber has met several of her pen pals. She has found the experience daring and a little risky, but rewarding. She recently served as maid of honor at the pen pal's wedding. She and the bride, whom she had never seen before, had fun explaining to all the guests how they had met.

uests how they had met.

Sikora enjoys hearing such sucsess stories but he doesn't emhasize them. "The art of letterriting, widely held to be either
ead or surely dying, has few
trong advocates in the public
ress. I want The Letter Exchange
o be such an advocate. From the
eginning our focus has been on

correspondence for its own sake, nothing else."

Ironically, it is the satisfied customers who make it difficult to keep the subscription list growing. When a listing receives as many as 50 responses, the customer may feel that the magazine has served its purpose. Most remain faithful, however. Others learn of the magazine by word of mouth and through news articles. To date it has been featured in about 200 newspapers nationwide from smaller city newspapers to The New York Times and The Wall Street Journal.

Sikora delights in closing the gap between readers and writers. In letters, he says, the writer has a personal relationship with his or her audience. His main advice for would-be letter writing is unlike keeping a journal or a diary where you're looking inward. A letter directs your eyes outward — and your ears. You have to listen to the other person. You'll know by the responses how successful you've been."

For information write The Letter Exchange, Box 6218 Albany

Dick Kramer conducts the Contra Costa Chorale

# Singers welcomed in chorale

#### To perform Bach Mozart, Schubert

Calling all sopranos, altos, tenors and basses!
Whatever your voice, whatever your prior singing experience, the Contra Costa Chorale wants you. It is a group of 80 voices who love to sing. Whether rank amateurs or experienced musicians, new singers are welcome in all voice parts.
Under the baton of musical director Dick Kramer, the Contra Costa Chorale performs two to four concert sets per year in churches and auditoriums throughout the East Bay.

Its repertoire spans the cen-

Its repertoire spans the cen-turies from Elizabethan

madgrigals performed a cappella without instrumental accompani-ment through classic choral works of Bach Mozart and Schubert to compositions by modern masters by Poulenc, Berstein, Orff and Ives.

A true community group with membership from all backgrounds and age groups, the chorale is a great way to meet fellow music lovers and make new friends. Members often socialize after rehearsals and concerts and at several weekend retreats during the year.

The chorale rehearses every Monday from 7:30 to 10 p.m. with additional sectional rehearsals scheduled twice a month. A low-stress voice evaluation enables Dick Kramer to learn the

capabilities of each individual

capabilities of each individual voice.

The chorale is partially funded by Contra Costa College and its members earn credit in the college's music department.

Rehearsals for the 1989-90 season begin Aug. 28 at the Hillside Community Church in El Cerrito. Voice evaluations which continue throughout the year for new singers start Aug. 21 and 23. This fall the Contra Costa Chorale will perform Bach's Magnificat and the Christmas Cantata with children's chorus by Arthur Honegger. In the spring they will perform Grand Mass in C Minor by Mozart and Samuel Barber's. Prayers of Kierkegaard.

Call 655-1929 to schedule a voice evaluation or come to the chorale's first rehearsal.

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#### E.C. painting class offered at senior center

EL CERRITO — An acrylic painting class, "Study of Styles," will begin Aug. 28 at 3:30 p.m. at the El Cerrito Open House Senior Center, 6500 Stockton Ave.

Enrollment fee is \$5 for the semester ending in December. Students provide their own materials. Beginning to advanced students are welcome.

The atmosphere is supportive for beginners. Various techniques are taught and no experience is necessary. All ages are welcome. Pre-enroll at Contra Costa College in San Pablo or enroll at the first class.

Instructor Diane Rusnak, is a Bay Area artist who has taught adults for 18 years and has recently had her artwork published in several national magazines.



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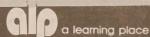
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# camp forges bonds thicker than water

SUMMERTIME. A time for tids to enjoy the rituals of youth: baseball, swim lessons and summer camp. These days there are camps for nearly everyone. But suppose your hald has hemophilia. What do not do then? Simple: You go head and send him to camp—hemo style."

Farlier this summer I got the sance to be a counselor at such camp. I wasn't sure how to sproach it. I mean, I've riked with kids for five years; it these kids are different. Or I was told.

We're talking about kids who through life trying to hide the that they have hemophilia.

They are afraid of being treated

Let me explain what bemophila is. When an average proon suffers a trauma to a out, the blood clotting agents to low ork and stop the blood how near the injury so there is little swelling or interrupted

emophiliacs, however, are ing one of these agents — jor 8" or "factor 9" as re called. So when an mal muscle is damaged, they an injection of the oppriate factor they lack to control the bleeding.

or a short time these area up and mobility become the until the injection has the affected area. So you can imagine, these are often overprotected, netimes separated from hers their age. But for the final week in June



they are all equals.

THE CAMP, held near

THE CAMP, held near Russian River, welcomes about 65 kids five through 13 and creates a real family atmosphere for them.

Many of the counselors are hemophiliacs themselves, which helps them understand the campers. The shared experience is what brings the kids back year after year.

campers. The shared experience is what brings the kids back year after year.

With some kids limping from morning stiffness or sore joints, the usual camp activities are carried on. Swim lessons, sports and arts and crafts are a large part of the agenda.

Kickball, dodgeball and hiking are all available and few limitations are put on the kids. Besides, if a hike is too steep or a game too rough, the kids will let it be known.

I got into a hotly contested basketball game and forgot who I was playing with because it all seemed so natural. Should someone get a bleed during a game, he is escorted to the infirmary for treatment.

If sports isn't their game, the kids are offered cards or games of skill like Connect Four.

EVERYONE HAS special stages of his life. For some people a driver's license or a certain birthday is a big deal. For a hemophiliac, the special stage, the key goal, is self-injection. For a kid, it means that Mom and Dad don't have to help me; I can do it myself. Watching a nurse give a shot is one thing — but giving it to yourself...well, that's something else.

yourself...well, that's something else.

Even feeling as squeamish as I did, I was able to watch one boy learn the do's and don'ts of treatment from the nursing staff.

Learning what vein to hit and how to sterilize the bottles was bad enough. But when the needle came out, I had to sit down.

I caught my breath and watched as the youngster completed the mission to his satisfaction. Sometimes it takes a while to hit the right vein, but persistence pays off.

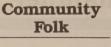
"The kids experience a lot of discomfort sometimes," said a camp coordinator. "But they

The drive to succeed led one boy to try nine times one night before successfully finding the right vein. His courage was rewarded by receiving the "Big Stick" award and well-earned applause from his fellow campers.

IT'S NOT ALL fun and games at camp, though. On a few mornings it was education time. A couple of doctors and nurses explained what the kids have and what they do. Junior counselors take part, give advice and answer questions.

This summer there were more kids at the camp than ever before, according one coordinator, and enrollment is expected to continue growing. Though hemophilia is predominantly a male disease, a few cases involve females. That

Continued on next page



By Clara-Rae Genser



#### Thriving on odds and ends

"I THINK you'd find The Gadget Store on Solano Avenue very interesting," wrote Marianne Greenberg. "It's a fun store to visit and browse."

It is. "The idea of gadgets is far reaching, including just about anything that anyone can imagine," said John Bell, owner of the shop. He calls it "selectively collective." "Just all kinds of odds and ends."

The original Gadget Store was opened in 1979 on Key Route Boulevard in the back of Bill Hoppe's real estate office. "My wife and I used to visit it and liked it," Bell said. "So when Hoppe decided to close it and offered it to us, we decided to take it over. It was just the kind of stuff I liked." They took it over in August 1981.

Actually the store has changed since that time. Originally it included many kitchen gadgets — "electrical stuff and small kitchen items." Then came the kitchen gadget craze and many shops opened selling only kitchen items. "And most of them have closed since," Bell said. So the Bells got into other things and have very few kitchen-type gadgets today.

The store, too, has changed. It moved to its present location in October of the year the Bells took it over. Then it was just a "hole in the wall." They have since expanded it into today's store. Both children and adults enjoy it.

While I was there a mother and son browsed, finally buying

store. Both children and adults enjoy it.

While I was there a mother and son browsed, finally buying an item that would add to the lad's collections. A woman came in, found what she wanted and apologized for such a small purchase and two youngsters came in just to look around.

"People of all ages come in," Bell said. "And they come from all around the area, from El Cerrito, Albany, Berkeley and beyond."

I ADMITTED that I had feared that the shop would abound in the so-called adult toy items. Bell shook his head. No, he would carry none of those. This was a shop for children as well as adults. So they offer dolls, stuffed animals, cards — both greeting and collecting — pencils, pens and erasers, holograms (fascinating) and just plain stuff.

Batman items have been popular, Bell said, and Wizard of Oz, which is celebrating its 50th year, has found new I ADMITTED that I had

collectors. "Nothing violent," he said. "No guns or violent

Bell runs the store while his wife works at another job. She sometimes joins him on Saturdays and enjoys being in

sometimes joins him on Saturdays and enjoys being in the shop.

"I have no profession," Bell explained. "So this is very good for me." He said he has worked in various jobs. In the '50s and '60s he worked with the first Italian coffee bar on the West Coast in San Francisco and then in Berkeley. "It was the first thing on the avenue in Berkeley. It was very interesting."

He remembers that Berkeley was a quiet little university town when they opened there. Finally the owner sold it and it became The Mediterranean, which remains a popular coffee house. "After that I became a house husband. My wife continued to work and I raised our three kids. It was a good arrangement. But the kids are grown now so I have time to give to the store."

BELL COMES from Omaha

the kids are grown now so I have time to give to the store."

BELL COMES from Omaha but has lived in California since about 1955. He did his military service with the Air Force and was in San Francisco when he was demobilized.

He enjoys going to trade shows, browsing around, looking for things that are new. He also likes to have representatives of the trade come into the store and to read through the catalogs and brochures he receives.

"If I see something in another store that I like, I try to find out where it comes from and get it for my store." He likes to wander around and see "what's hot."

"I don't think that everything new is necessarily interesting," he said. "Lots of things out there are just trendy."

Because of his no-guns, nowar toys philosophy, Bell sometimes finds it difficult to get items for boys. "So many of the items for boys are war toys." So he looks for unusual items for boys and seems to find them.

MARIANNE GREENBERG was in the said. "I did enjoy my visit to

MARIANNE GREENBERG MARIANNE GREENBERG was right. I did enjoy my visit to the shop and talking with John Bell. A quiet, relaxed man with a graying spade beard, he was somehow just what you would expect in a place called The Gadget Store.

Again I invite my readers to give me their ideas of people, events, travels who might be of interest. I appreciate hearing from you and look forward to more calls and letters from you. Write 555 Pierce St., No. 443, Albany 94706 or call 525-4585.

#### **Etchings shown** at art museum in Berkeley

Where There Is Where There: Etchings and Monotypes by John Cage, 1978-1989 will be on view in the Theater Gallery of the University Art Museum through

University Art Museum through Oct. 1.

The exhibition is held in conjunction with the Cal Performances Festive "Celebrating Merce Cunningham," Sept. 16 through 24. Cage will participate in an interview with Merce Cunningham, "Rehearsing the Human Situation," on Sept. 18 at 7:30 p.m. in Wheeler Auditorium on the U.C. Berkeley campus. Admission is \$5 (free to U.C. students and faculty, Cal Performances subscribers and FoCal members).

N W

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students and faculty, Cal Performances subscribers and FoCal members).

Cage will also participate in a panel discussion, "A Kind of Anarchy: Merce Cunningham and Music," on Sept. 19 at 7:30 p.m. in Wheeler. Admission is free.

Cage's interest in graphic art dates back ti 1958 when he gave an exhibition of his musical scores. In January 1978 he worked at Crown Point Press to produce the Seven Day Diary, a series exploring seven varieties of printmaking techniques.





Sport activities at hemophiliac camp must be designed to acco

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## E.C. Chamber

#### We are survivors

For all of those born before 1945, consider the changes we have witnessed!

We were born before television, before penicillin, before polio shots, frozen foods, Xerox, plastic, contact lenses, Frisbees and The Pill. We were before radar, credit cards, split atoms, laser beams and ballpoint pens. Before pantyhose, dishwashers, clothes dryers, electric blankets, air conditioners, drip-dry clothes ... and before man walked on the moon.

We got married first and then lived together. How quaint can you be? In our time closets were for clothes, not for "coming out of." Bunnies were small rabbits and rabbits were not Volkswagens. Designer jeams were scheming girls named Jean and having a meaningful relationship meant getting along with our cousins.

cousins.

We thought fast food was what you ate during Lent and outer space was the back of the Rivoli Theater. We were before house husbands, gay rights, computer dating, dual careers and commuter marriages. We were before day-care centers, group therapy and nursing homes. We never heard of FM radio, tape decks, electronic typewriters, artificial hearts, word processors, yogurt and guys wearing earrings.

For us, time-sharing meant

For us, time-sharing meant togetherness, not computers or condominiums. A chip meant a piece of wood. Hardware meant hardware and software wasn't even a word. Back then, "Made

in Japan" meant junk and the term "making out" referred to how you did on your exam. Pizzas, McDonald's and instant coffees were unheard of. We hit the scene where there were 5 and 10 cent stores, where you bought things for five and ten cents.

Sanders or Wilson's sold ice cream cones for a nickel or a dime. For one nickel you could ride a street car, make a phone call, buy a Pepsi or enough stamps to mail one letter and two postcards. You could buy a new Chevy coupe for \$600 but who could afford one? A pity, too, because gas was 11 cents a gallon.

In our day grass was mowed, Coke was a cold drink and pot was something you cooked in. Rock music was grandma's lullaby and aides were helpers in the principal's office. We were certainly not before the difference between sexes was discovered, but we were surely before the sex change. We made do with what we had. We were the last generation that was so dumb we thought you needed a husband to have a baby.

No wonder we are so confused and there is such a generation gap today.

But we survived! What better reason to celebrate?

But we survived! What better reason to celebrate?

Support accountability
Legislation requiring local
governments to annually account
for developer fee monies has passed both houses of the legislature
and was signed by Gov. Deukmejian on July 19.
AB518 (Cortese) requires local

agencies that have collected developer fees to make available to the public the financial activity and account balances of developer fee accounts. This information must be prepared within 60 days of the close of the fiscal year and reviewed at a public hearing.

The bill goes one step further than Cortese's AB1600, which was signed into law in 1987 and required local agencies to keep developer fees collected. The legislator believes that such reporting as outlined in AB518 should be a normal part of an agency's accounting and budget process.

Cruisin' home

#### Cruisin' home

As I stated in the last column, my wife Theresa and I would be returning from our cruise up the St. Lawrence River to Montreal and back by air to Newark. Flying into New York is quite a sight and after one night's stay, we took a harbor sight-seeing tour which passed Manhattan Island, the Bronx, Brooklyn, the outskirts of Queens and the outstanding sight of the Statue of Liberty; most impressive.

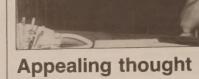
Queens and the outstanding sight of the Statue of Liberty; most impressive.

The Saguenay River area, which boasts a huge bird sanctuary, was beautiful, and, of course, Quebec is a very impressive city, with underground utilities lending to the beauty, along with boxes of flowers everywhere and very clean sidewalks and streets in their business and residential communities.

The historical battlegrounds have been well preserved and protected with the cannons in the hills overlooking the port still intact and bronze statues everywhere of the military giants of the time. Our plane back to Newark left Montreal, allowing us time to board another plane for San Francisco where we were detained for one hour due to lack of communication, this after being cleared by U.S. Customs in Montreal. It was a bit deflating for our crew, who by this time were anxious to be heading homeward.

Only two pieces of luggage were missing on arrival in

homeward.
Only two pieces of luggage were missing on arrival in S.F. — a good percentage, I guess, for 10 weary travelers.
Our group included Orene and Marks Weeks, Grace and Claude Weeks, Rose and Bill Bonkofsky of El Cerrito and Gail and Jim Campbell of Yuba City.



"Mass Appeal," a comedy that pits older priest (played by Jerry Motta) against young seminarian (Martile ske), opens Aug. 31 at Stage II, 1535 East St., Walnut Creek. Tickets for the Civic Arts Repency Compa production are \$9 and \$10. Call 943-5862.

# Symphony presents free serie

The Oakland East Bay Symphony presents the second in a series of four chamber music concerts Thursday, Aug. 17, 8 p.m. at St. John's Presbyterian Performance Center in Berkeley. The free concert will feature guest Adam Natanek and flute soloist Sabelle Chapuis in a program with works by Henryk M. Gorecki, Georg P. Teleinann, J.S. Bach, and Tadeusz Baird.

The concert will include Gorecki's Three Pieces in the Olden Style, Telemann's Suite for Flute and Strings in A Minor, Air on the G Stringby Bach and Suite for Strings and Flute 'Colas Breugnon' by Baird.

The next concert of the Twilight Series will be Thursday, Aug. 24, also at St. John's Prespyterian Performance Center, 2727 College Avenue, Berkeley.

There will be a repeat performance on Friday, Aug. 25 at First Presbyterian Church, 2619 Broadway, Oakland.

For more information, call 446-1992.

Conductor Adors New York

For more information, call 4461992.
Conductor Adam Natanek is a graduate of the Crakow State Academy of Music in Poland. He is now chief conductor of the Henri Wienawaski Philharmonic of Lublin, and is also professor at the Maria Curie-Sklodowska University of Lublin.
Natanek has appeared with top orchestras around the world and this concert represents his United States conducting debut.
Flute soloist Isabelle Chapuis has appeared with leading orchestras in Europe and throughout the Bay Area. Born in Dijon, France, she has studied with a number of well-known flutists, and is presently professor

of flute at San Jose State

## Camp

## Sennin Foundation offers yoga classes

ALBANY — The Sennin Foundation and the Albany Park Department are offering classes in Sennin-Do, a discipline which originated in India and passed throuigh China to reach Japan. Sennin-Do, a form of Japanese yoga, has been influenced by Chinese Taoism and Japanese Zen meditation, but also has its own distinctive character.

The class includes stretching and breathing exercises and seated and moving forms of meditation. These disciplines are designed to help one return to a more natural and relaxed state, leading to an effective and rewarding life.

ding life.

New students are accepted the first week of each month. For information call 526-7518.

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# RESTAURA

**East Bay Dining** By Michael S. Holmes

HUNAN YUAN
The newest addition to the Skyline Shopping Plaza is Huan Restaurant now serving Szechuan and Hunan cuisine in a newly vated and relaxed atmosphere dining area. The beautiful Asima screens and soft music are a perfect introduction to this restaurant. Serving the time-honored cuisine of old Cathay, from the factorities of southern Canton to hot, spicy Mandarin dishes of Hunan and Szechuan, the staff is committed to providing a withealthful, nutritious and delicious dishes. Each dish is comperfection with vegetable oil and fresh ingredients without tificial flavorings or M.S.G.

Favorites from the luncheon menu include: chicken with blad sauce, Mongolian beef, Szechuan pork and egg plant with Sasauce. The dinner menu offers many choices, from lemon chick Kung Pao beef to garlic shrimp and Szechuan scallops. Family are also offered for two people or more and give an excellent sof this regional Food.

Hunan Yuan is open seven days a week from 11:30 a.m. 1033 with lunch served from 11:30 to 2:30. Take-out delicacies are not be supported by the served from 11:30 to 2:30. Take-out delicacies are not be supported by the served from 11:30 to 2:30. Take-out delicacies are not be supported by the supported by t





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# **AUTO**

# shelby truck ffers strong erformance

Mustang. s time it's a Dodge truck. a genuine Shelby pick-up

to be a single state of the sta

has been interesting to watch feel how those products have me progressively better, it they still might not come to the refined performance Buropeans offer, Shelby con-st to offer among the best ag for the buck."

new "Shelby Dakota" is straight out of the same Not only is it a fine looking over of the Dodge Dakota, st of all, it's a V8 and it's heel-drive. The Shelby is y based on the "Sport" of the Dakota. Dodge factory trim, the a comes with a four-er motor as standard, with she option. Shelby, on the

Auto Scene

David Fetherston



other hand, went "the full nine yards" with a re-work of the faithful old 318 V8.

It was not just another production line conversion. Shelby and Chrysler put the V8 truck through the full round of crash and emission testing.

the full round of crash and emission testing.

In some ways, the 318 V8 was a "shoe-horn" job, but the Dakota engine bay allows good access to all the major service components.

The conversion work is extensional to the conversion work in the conversion w

The conversion work is extensive.

Dodge ships V6-powered Dakotas to Shelby. At the factory they remove the V6 and return it to Dodge. Then they replace the front cross member with a heavier duty unit and install the new V8 and its trick transmission.

The fit is tight enough to prevent the installation of a regular water pump-driven fan. So in its place is put a large-volume electric fan and a fully removable front panel that allows the motor to be easily slid out forward instead of lifted out vertically.

Surprisingly, the engine allows excellent access to nearly all its



Sporty V8-powered Shelby Dakota includes rear-wheel drive, 5.2-liter engine, gas shocks, performance radials.

service items. Spark plugs, for instance, are a "piece of cake" to remove and replace.

The motor was assembled with a 9.2 to 1 compression, roller rockers and dual throat electronic throttle body fuel injection. The package manages to spin a specsheet figure of 175 horsepower which does not seem to fit its onroad performance. Its torque figure is far more telling with 270 foot pounds of torque at 2000 rpm.

This is attached to a smooth new four-speed Chrysler automatic transmission with electronic overdrive and a high stall converter. Together, the 318 and the new four-speed automatic do double duty, giving the Shelby Dakoka an excellent cruising transmission and making it a neck-snapping tire smoker that will leave a pair of black strips at the drop of a hat.

#### Quality ride and handling

On the twisty stuff, the Shelby

Dakota also performed quite favorably. Its limited slip 3.90 rear axle helps keep the power evenly to the ground and the uprated suspension, which has lowered the truck several inches, retains a pleasurable ride that still delivers quite a surprisingly high level of handling dynamics.

I have driven plenty of sports sedans that do not have the ride quality and handling combination calibrated as nicely as the new Shelby Dakota. Instead, those vehicles lost their ride quality when their designers went in search of higher levels of adhesion.

The Shelby Dakota comes with a page long list of standard comfort, convenience and styling features which all go to make this new truck a slick trick. Other standard items include ABS antiskid brakes on the rear and hollow cast alloy wheels.

The truck is only available in

The truck is only available in Exotic Red and Bright White and

package. A dummy roll bar mounted behind the cabin is also part of the Shelby Dakota.

The Shelby does not have a roll bar — not that it necessarily needs one — but with the dummy fiberglass shell mounted behind the cabin, it looks like it should have one.

#### Signature interior

Inside, the Shelby packaging continues. The seats are covered with a "Shelby" lettered wooltype fabric, as are the door trims. The dash contains a special instrument package with a 125 mph speedometer, standard air conditioning and super stereo tape player. The steering wheel is a signature "Carroll Shelby" leather bound wheel which replaces the dull-looking plastic rimmed factory wheel.

The Shelby Dakota is possibly the best compact truck on the market in terms of all-round satisfaction. It is definitely a sports truck and not your bang-around

cks, performance radials.

cart-to-the-dump truck. Its price tag runs around \$17,000 and its comfort zone cabin would start looking shabby very quickly on any building site or farm yard.

I found it a pleasure to drive and remarkably nimble on the back country roads as well as touring the Bay Area freeways. Its ABS rear brakes are a plus in any situation and with its combination power, handling and braking abilities, it is going to make many happy friends.

I was more delighted with the Shelby than any truck I have driven over the past two years. In fact I can easily say that I prefer this truck to many of the sports sedans I have driven.

Trucks are still the hot number in the new vehicle market place, beating out every other kind of vehicle in sheer numbers. It's not hard to see that it wasn't going to be long before Carroll Shelby was back at his old games, building interesting vehicles that tantalize yet stir the heart and bring enjoyment back to motoring.

### Gas prices down again in July

Regular unleaded selfservice gas is selling for an
average of \$1.19 a gallon, a
drop of .07 of a cent from last
month's average price, reports
the California State
Automobile Association. This
is the second consecutive month in which the price has
decreased slightly.
However, unleaded selfservice gas prices this month
are averaging 16 cents higher
than costs in July 1988, according to the CSAA survey of
more than 600 gas retailers in
northern and central California and the state of Nevada. By
comparison, in 1984, unleaded
self-service gas was selling for
\$1.23.

The California State Senate

The California State Senate has passed a resolution calling for an investigation into the effect of the Alaskan oil spill

on oil supplies and prices. Senate Concurrent Resolution 43 by Senator Herschel Rosenthal (D-Los Angeles) requests that the investigation be done by the State Energy Resources Conservation and Development Commission.

The resolution is now awaiting action by the State Assembly.

Among the factors contributing to this month's slightly lower gas prices are ample supplies of crude oil, along with refineries producing at more than 92 percent of capacity.

in June, the Organization of Petroleum Exporting Countries' crude oil production was at its highest level this year, pumping approximately 21.3 million barrels of oil a day, well above its Jan.-June limit

TONY & JOHN'S

of 18.5 million barrels a day.
OPEC's new production ceiling for July-Dec. is 19.5 million barrels a day.
In response to demands by Kuwait and some other OPEC nations, the oil cartel has scheduled Sept. talks on further increases in production.
Since June, gas retailers have received price increases of approximately 6.7 cents a gallon from independent wholesalers and about 1.6 cents a gallon from major brand wholesalers.
The July CSAA survey shows that regular unleaded gas at full-service averages \$1.44, down 1.5 cents since last month.
Regular leaded self-service

month.
Regular leaded self-service
areages \$1.12 a gallon, down
1.8 cents. Full-service is \$1.38,
down .10 of a cent a gallon.
Premium unleaded fuel at

self service is \$1.31, down .08 of a cent. Full-service is \$1.55, a decrease of 2 cents.

The average price of midgrade unleaded self-service is \$1.21, down 1.8 cents. Full-service is \$1.48, down 2 cents.

Diesel fuel is \$1.16, up .03 of a cent at self-service. Full-service.

reported to the CSAA survey this month.
Liquid propane remains at 91 cents.
CSAA reminds motorists to shop for lower prices. The monthly survey prices are averages. Additional reductions or increases of up to 15 cents a gallon may be found at individual stations.



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# Pumpin' gas now hi-tech

The "Leave it to Beaver" generation enjoyed courteous automotive service from friendly men who pumped the gasoline for them. These attendants knew their customers' names, asked about their families and checked their oil, fan belt and hoses without being asked.

Things have changed radically, however, and the image of the automotive service industry must improve in order to recruit skilled technicians, says the Automotive Information Council.

The car repair industry has taken on a new sophistication that requires advanced technical training and computer literacy, AIC says.

"Changes in motor vehicle

ing and computer literacy, AIC says.

"Changes in motor vehicle technology have come — and will continue to come — so fast that technicians working on today's vehicles must learn about more new systems every year than mechanics of the 1950s and 1960s had to learn in 10 years," says Robert Calderone, AIC president.

Mastery of computers is no longer a prerequisite of success only in America's executive suites, and in order for a techni-

cian to advance he must be proficient with more than just his hands. Technicians use equipment as complex as motor vehicles themselves — and almost as expensive — to pinpoint failed parts on today's cars.

Countless firms now provide on-line and disk-by-mail computer services which technicians can access for answers to their questions if they are ever puzzled in the middle of an intricate repair job.

questions if they are ever puzzled in the middle of an intricate repair job.

AIC says consumers should have a greater appreciation for the dedicated individuals who work to keep our cars running smoothly.

According to National Institute for Automotive Service Excellence estimates, there are some 650,000 such men and women employed in the vehicle repair industry. And they're not referred to as mechanics or "grease monkeys" anymore.

Now they're called technicians. And they're earning salaries commensurate with their new found status. Highly qualified and experienced technicians throughout the country can earn \$40,000 to \$50,000 per year.

Combined rates for The Montclarion, The Piedmonter, The Berkeley Voice, and The Journal. Additional charge for bold type and capitalized words.

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#### 401 **Help Wanted**

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#### 401 **Help Wanted**

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#### 709 Kensington

#### 710 **Berkeley**



El Cerrito & North

711 El Cerrito & North

712 Oakland Piedmont

& South

# 112

FRESH - BRIGHT

## 712 Oakland Piedmont & South

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**Share Rentals** 

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Kensington

#### 716 721 Berkeley

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#### Homes

#### 803 Albany Kensington

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809

Albany



## Berkeley



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812

#### 815 **REAL ESTATE LOTS**

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erful Sereno Circle Townhome, 2-BR/2.5 BA Dankstudy, eat-in kitchen, cathedral ceiling in orm-dining room. Private & closed front the View of bay, security gates, 2-car garage. Talie Laible 531-7000/357-7885.

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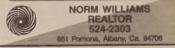
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Jane Lundin, owner/broker



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BERKELEY - \$505,000 3++BR/1½BA. Stylish traditional with charm on quiet Elmwood street nr shops & trans. 3 fireplaces, 2 sunrooms. Shirley Donovan 843-4526.

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File No. 89-9629
The following persons are doing usiness as Ellison Construction, 377 S. Lucille Jane, Lafayette, CA 94549.
Take Lafayette, CA 94549.
John Ellison, 3377 S. Lucille John Ellison, 3377 S. Lucille John Ellison, 3476 S. Lucille John Ellison, 3476 S. Lucille John Ellison, 1876 S. Lucille John Ellison, 1876 S. Lucille John Ellison, 1876 S. Lucille John Ellison, 1877 S. Lucille J

nt Venture. Statement was filed with County ork of Contra Costa County on the 21, 1989.

Publish Journal July 27, August 10, 17, 1989.

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 89-3564
e following persons are doing
siness as T & R Custom
reens, 5021 Sweetwood Drive,
chmond, CA 94803.
Terry Vincent Dolan, Jr., 5021
reetwood Drive, Richmond, CA
803

508. This business is conducted by a neral Partnership. Statement was filed with County it of Contra Costa County on te 19, 1989. Utblish Journal July 27, August 0, 17, 1989.

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 98-3860
following person is doing
iness as Someone For Every-,
1381 Cape Cod Way, Con-,
1,CA 94521,
1,CA 94521,
his business is conducted by
ndividual.

inia business is conducted by individual. tatement was filed with County fx of Contra Costa County on 73, 1989.

FICTITIOUS BUSINESS NAME STATEMENT File No. 89-3632 to following person is doing siness as Medx Diagnostic & inial Rehabilitation Center, 4270 liltop Drive, El Sobrante, CA

Individual. Statement was filed with County with of Contra Costa County on the 21, 1989. Publish Journal July 27, August 10, 17, 1989.

FICTITIOUS BUSINESS NAME STATEMENT
File No. 89-3597 ne following persons are doing sisness as Valley View Feed, 524 rst St., Rodeo, CA 94572; P. O. x9 07, El Sobrante, CA 94603. Charlotte Wells, 3742 Ramsey out, El Sobrante, CA 94603. Frederick Walls, 3742 Ramsey out, El Sobrante, CA 94603. This business is conducted by dividuals—Husband and Wife.

Marple Pearce, Jr., 131
 pancingo Parkway, Pleasant CA 94523.

ony Allan Evans, 516 Mt. on Court, Clayton, CA

neral Partnership.
tatement was filed with County
k of Contra Costa County on
e 19, 1989.
ublish Journal July 27, August
0, 17, 1989.

FICTITIOUS BUSINESS
NAME STATEMENT
FILE NO. 99-301 are
to foliate to be foliate to be

Publish Journal July 27, August 10, 17, 1989.

FICTITIOUS BUSINESS
NAME STATEMENT
File No. R-4105
The following person is doing
usiness as Autometrics, 12786
an Pablo Ave. Richmond, CA

4805.
Abdul Magid Hafez, 1365 Rifle lange Rd. El Cerrito, CA 94805.
This business is conducted by

ndividual. tatement was filed with County k of Contra Costa County on 17, 1989. Publish Journal July 27, August 10, 17, 1989.

tatement was filed with County k of Contra Costa County on

#### **Public Notices**

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 89-3714
he following persons are doing
usiness as Travel Inn, 425 24th
t. Richmond, 94804. Syed I.H.
aidl, 41 Shrewsbury Way, Pleasn-tHill, 94523.
Shameem Zaidl, 41 Shrewsbury
tay, Pleasant Hill, 94523.
This business is conducted by:
dividuals-Husband and Wife.
tatement was filed with County
erk of Contra Costa County on
une 26, 1989.
Publish Journal, August 3, 10,
7, 24, 1989.

FICTITIOUS BUSINESS

NAME STATEMENT
File No. 89-3824
following person is doing iness as 1.Diagnostic Informers, 2. Loens To Go., 2460-Drive, Concord, 94519.
Beaverly J. Beckemeyer, 2406-Dr. Concord, CA 94519.
his business is conducted by: Individual. Statement was filed to County Clerk of Contra Costa unty on June 29, 1989.
ubbilsh Journal, August 3, 10, 24, 1989.

NAME STATEMENT
Fille No. 89-4017 e
sliness as Pampered Paws,
35 MtDiablo Blvd. #103, Layette, Ca 945-84,
Glasova Zoya, 2498 27th Ave.
In Francisco, CA 94116.
Patsiesleky Oleg, 2498 27th
ve. San Francisco, CA 94116.
This business is conducted by
dividuals-Husband and Wife.
atement was filed with County
of the Control of the County on
by 12, 1989.
Publish Journal, August 3, 10,
24, 1989.

Orinda,CA 94563. his business is conducted by ndividuals. Statement was filed to County Clerk of Contra Costa inty on July 3, 1989. ublish Journal, August 3, 10,

94803. Kwok Wing Wong, 1509 Sollitude Lane, Richmond, CA 94803. This business is conducted by an Individual. Statement was filed with County Clark of Contra Costa County on July 25, 1999. Publish Journal, August 3, 10, 17, 24, 1989.

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 89-4277
The following persons are doing
business as FFE Software, 7310
Donal Ave. El Cerrito, CA 94530.
E.L. Fesperman III, 7311 Donal
Ave. El Cerrito, CA 94530.
Jainet F.Fesperman, 7311 Donal
Ave. El Cerrito, CA 94530.
This business is conducted by
Individual-Husband and Wife.
Statement was filed with County
Clerk of Contra Costa County on
July 26, 1989.
Publish Journal, August 3, 10,
17, 24, 1989.

CA 94804.

D. Tilley-Andrews, 166
ner Ct., Richmond, CA

Individual. Statement was filed with County ork of Contra Costa County on ne 30, 1989. Publish Journal, August 3, 10, 24, 1989.

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 89-4140
following persons are doing
less as DUWO Partners, 3569
ablo Blvd. Suite 200, Lafaye-

CA 94549.

A 94549.

A 94549.

A 94549.

A 94549.

A 94549.

A 94697.

A 946

nis business is conducted by a 24 3



A stitch in time

El Cerrito quilter Betty Overbeck donated "The Road to California," to be awarded at a drawing for Canana: A Collectibles Fair Sept. 3 at the Oakland Museum, noon to 5 p.m. The fair kicks off the museum's birthday. Admission is free.

#### Calendar

52nd Cousins, the band from El Cerrito, will appear at the Starry Plough Pub in Berkeley on Aug. 17 at 10:30 p.m. Special guest Left Blank open for the band.

Mace for self-defense, a training class for use of tear gas, will be given on Aug. 26 from 9 to 11 a.m. at the Albany City Hall. CHP Officer Gary Cooper is the instructor. To enroll call 524-5065.

Friends of the Richmond Library will meet on Aug. 21 at 7:30 p.m. at he library. The new city librarian will tive a talk, Library Services a vailable. Friends meet each Wednesday to ort books for book sales on Sept. 16, ept. 29 and Oct. 14 around ichmond.

Richmond.

The World's Largest After Hours Business Mixer, sponsored by the Alameda County Chamber Network, will be held Aug. 23 from 5 to 8 p.m. at the Oakland Airport Hilton. Hors d'oeuvres, a no host bar and a door prize drawing at 6:30 will be featured. Proceeds will benefit Albany Chamber and other chambers in Alameda County.

The Kensington Senior Center meets every Thursday from 9:30 a.m. to 2:30 p.m. at the Arlington Community Church.
On Aug. 24 at 11 a.r., Roberta Chertner will show slides of a trip she took to China, Malaysia and Thailand in her role as a U.S. sports ambassador.

North Berkeley Senior Center has ecial programs during August for mechair travelers. On Aug. 20 Dan anislawsky will present slides of

Stanislawsky will present sinces of scenic Portugal.

Robin Williams' hit film, Moscow on the Hudson, will be shown at 1:15 p.m. on Aug. 22. The movie is close captioned.

The center's annual Hawaiian

Festival will be celebrated with island dance, song and refreshment on Aug. 23 at 1:15 p.m.
For information call the center at

For in 644-6107 Community Day at the El Cerrito Plaza will be Aug. 26 from 10 a.m. to 4 p.m.

4 p.m.

El Cerrito native Richard Burdick
will perform original compositions as
well as Bach, Blank and Lucier in a
French horn recital on Aug. 24 at 8
p.m. at the Unitarian Church in
Kensington.
Call 525-1298 for information.

VIP Advantage, a service of Brookside Hospital to people 55 and over, presents a series of programs in the auditorium on Tuesdays from 6 to 6:30 p.m. On Aug. 15 Ive Louie, dietician, will speak on good

uttrition. How Your Lungs Work, a lecture by Theresa Campbell, critical care nurse, will be given on Aug. 22 from at 6 p.m. in the auditorium. For in-formation call the Health Line at 234-8111.

How To Make Your House More Earthquake Resistantis the subject of a lecture by engineer Tony DeMascole on Aug. 23 from 7 to 10 p.m. at the Construction Center in San

Francisco.
The talk is sponsored by the Owner Builder Center of Berkeley. For information call Sydney at \$48-6860.

A benefit concert, Silent Tears, in memory of Chinese students killed in Beijing recently, will be held Aug. 26 at 8 p.m. at the International House in Berkeley.

The program will feature classical.

at 6 pink in Berkeley.

The program will feature classical music by young East Bay musicians. For information call days 559-5613 or evenings 234-8704. The University Symphony, an or-chestra open to students, faculty and everyone, will hold auditions for

Statement was filed with County Clerk of Contra Costa County on July 21, 1989. Publish Journal, August 10, 17, 24, 31 1989.

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 89-4143
ne following persons are doing
sieness as Grand Enterprises,
108 Quiet Place Drive, Walnut
reek, CA, 94589
Shih-Tun Su, 2108 Quiet Place
rive, Walnut Creek, 94598.
Vicky Su, 2108 Quiet Place
rive, Walnut Creek, 94598.
This business is conducted by
dividuals- Husband and Wife.

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 89-4036
The following persons are doing
susiness as Ideas 2 Market, 250
afayette Circle, Suite 203, Lasyette, 94549. ng Modes, Inc., Califor

Public Notices Public Notices

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 89-4351
he following person is doing
usiness as Carquinez Consulnts, 2036 Carquinez St. El Certo,CA 94530.
Inville M. Whittemore, 2036 Caruinez St. El Certto, CA 94530.
This business is conducted by
Individual.

urnal, August 10, 17,

irnal, August 10, 17,

## **Public Notices**

The following person is doing business as TnT ENT., 1160 7th Street, Richmond, CA. Robert Tuckey, 142 Ward St., Larkspur, CA 94939.

Street, Richmond, CA.
Robert Tuckey, 142 Ward St.
Larkspur, CA 94939.
This business is conducted by
an Individual.
Statement was filed with County
Clerk of Contra Costa County on
July 21, 1989.
Publish Journal, August 10, 17,
24, 31 1989.

Statement was filed with County Clerk of Contra Costa County on July 28, 1989. Publish Journal, August 10, 17, 24, 31 1989.

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 89-4468
The following person is doing business as Redactl, 1241 Navellier St. El Carrito, CA 94530.
Mary Pasti, 1241 Navellier St. El Carrito, CA 94530.
This business is conducted by an Individual.

Individual.
Statement was filed with County lerk of Contra Costa County on ugust 4, 1989.
Publish Journal, August 17, 24, 1, September 7 1989.

Public Noti